



ZIMBABWE SCHOOL EXAMINATIONS COUNCIL (ZIMSEC)

ZIMBABWE GENERAL CERTIFICATE OF EDUCATION (ZGCE)

For Examination in June/November 2011 - 2020

O Level Syllabus

BIOLOGY (5008)



BIOLOGY G.C.E. ORDINARY LEVEL

A. INTRODUCTION

This syllabus assumes knowledge of the content of the two year Zimbabwe Junior Science Syllabus. It prepares pupils for studies in biological sciences beyond 'O' Level as well as being a worthwhile qualification for those proceeding with study beyond this level. It places less emphasis on factual recall of material and more emphasis on the understanding and application of scientific concepts, principles and skills.

Applications of science and technology to agriculture, environmental, social and economic issues are included to extend subject concepts and skills. A practical and investigative approach must be adopted in teaching this syllabus. This will serve to develop the skills and abilities necessary to achieve the stated aims and objectives.

This syllabus may not be taken with Human and Social Biology, 5097.

B. AIMS

The aims of the syllabus are to help pupils:

- 1. develop interest, and curiosity, in science;
- 2. develop concepts and skills that are relevant to the study and practice of biology;
- 3. appreciate and enjoy biology and its methods of enquiry;
- 4. develop creativity, initiative and skills of enquiry;
- 5. develop good practices for health and safety;
- 5. develop accuracy and precision, objectivity and integrity;
- 6. recognise the usefulness and limitations of science;
- 8. apply scientific method in other disciplines and in everyday life;
- 9. appreciate the beneficial and detrimental effects of the applications of science;
- 10. recognise that the study and practice of science are inter-related and are subject to economic, technological, social, political, ethical and cultural influences;
- 11. communicate scientific information effectively;
- 12. participate in the technological development of Zimbabwe;
- 13. develop interest in, and participate in, caring for the local and global environment.



C. ASSESSMENT OBJECTIVES

The following objectives reflect those aspects of the aims that will be assessed. Specific behavioural learning objectives are stated in each section of the syllabus.

1.0 KNOWLEDGE AND UNDERSTANDING

Pupils should be able to demonstrate knowledge and understanding of:

- 1.1 scientific instruments and apparatus, techniques and operation and aspects of safety;
- 1.2 biological units, terminology, symbols and conventions;
- 1.3 scientific quantities and how they are determined:
- 1.4 biological phenomena, facts and laws, definitions, concepts, theories and models;
- 1.5 the personal, social, economic and environmental implications of biological applications.

2.0 HANDLING INFORMATION AND SOLVING PROBLEMS

Pupils should be able to demonstrate, in familiar and unfamiliar situations, their ability to:

- 2.1 extract information relevant to a particular context from data presented in diagrammatic, symbolic, graphical, numerical or verbal form;
- 2.2 use data to recognise patterns, formulate hypotheses and draw conclusions;
- 2.3 translate information from one form to another.
- 2.4 communicate logically and concisely;
- 2.5 explain facts, observations and phenomena in terms of scientific laws, theories and models;
- 2.6 explain the effects of technological applications on the environment and the organisms within it;
- 2.7 make logical decisions based on the examination of evidence and arguments;



- 2.8 apply scientific principles, formulae and methods to solve qualitative and quantitative problems;
- 2.9 suggest explanations of unfamiliar facts, observations and phenomena;
- 2.10 identify the practical constraints affecting biological investigations.

3.0 EXPERIMENTAL SKILLS

Pupils should be able to:

- 3.1 follow instructions for practical work;
- 3.2 plan, organise and carry out experimental investigations;
- 3.3 select appropriate apparatus and materials for experimental work;
- 3.4 use apparatus and materials effectively and safely;
- 3.5 make accurate, systematic observations and measurements, recognising the variability of experimental measurements;
- 3.6 observe, measure and record results of experimental procedures;
- 3.7 identify possible sources of error in experimental procedures;
- 3.8 draw conclusions and make generalisations from experiments;
- 3.9 extract information from data presented in diagrammatic, graphical or numerical form.



4.0 WEIGHTING OF ASSESSMENT OBJECTIVES

	ASSESSMENT OBJECTIVE	WEIGHTING
Papers 1 and 2		
Knowledge and understanding	1.0	55%
Handling information	2.0	45%
Paper 3 or Paper 4		
Experimental skills	3.0	100%

D. ASSESSMENT SCHEME

Paper	Type of Paper	Duration	Marks	Paper Weighting
1	Theory	1h	40	30%
2	Theory	2h	100	50%
3	Practical Examination	1h 30min	40	20%
4	Alternative to Practical (Written)	1h	40	20%

Candidates will be required to enter for Papers 1 and 2 and either Paper 3 or Paper 4.

Paper 1 Theory (1 hour, 40 marks)
This paper will consist of 40 compulsory multiple-choice items.

Paper 2 Theory (2 hours, 100 marks)

Section A (40 marks, 55 min) will consist of a number of compulsory short-answer and structured questions of variable mark value.

Section B (60 marks, 1 hour 20 min) will consist of five free-response questions of twenty marks each and each designed to take 25 minutes. Candidates will be required to answer any three questions. All questions will be designed to give the same weighting to the assessment objectives.

Paper 3 Practical Examination (1 hour 30 min, 40 marks)

This paper is designed to assess the extent to which a candidate displays competence practical skills. It will consist of 2 practical questions of 20 marks each.

Paper 4 Alternative to Practical (1 hour, 40 marks)

This is a written paper of four compulsory short-answer and structured questions designed to test familiarity with practical laboratory procedures.

The practical examination and the alternative to the practical examination are designed to test candidate's abilities to:

- (a) perform simple calculations;
- (b) make clear, labelled, line drawings;
- (c) describe tests for foods, water, carbon dioxide and oxygen, pH and/or draw conclusions from tests.
- (d) use familiar and unfamiliar techniques to record their observations and make deductions from them;
- (e) recognise and observe features of familiar and unfamiliar biological specimens, record the observations and make deductions about functions of whole specimens or their parts.
- (f) interpret unfamiliar data and draw conclusions;
- (g) record readings from diagrams and draw conclusions;
- (h) describe, explain, analyse or suggest experimental arrangements, techniques and procedures;
- (i) interpret, draw conclusions from and evaluate experimental data, including graphical data.

In addition, the practical examination is designed to test candidates' abilities to:

- (a) make clear line drawings of the specimens provided, indicate magnification and label familiar structures:
- (b) manipulate and assemble apparatus, use chemical reagents and such instruments as mounted needles, scalpels and razor blades, forceps and scissors;
- (c) observe reactions, read simple measuring instruments and perform simple mathematical calculations;
- (d) complete tables of data and/or plot graphs;
- (e) construct simple models; follow carefully a sequence of instructions within a set time allowance.

NOTE: Examination questions on all papers may be set requiring candidates to apply knowledge to novel situations.

E METHODOLOGY

Emphasis is placed on the acquisition of experimental skills through practical experience. Experiments should be planned and designed in advance. A pupil-centered problem-solving approach should be adopted. Individual and group work is encouraged.

Emphasis must be on the understanding of concepts rather than on the memorisation of specific examples that illustrate these concepts.

The syllabus is a two-year course of study. A minimum of six teaching periods (3½ hours) per week is required.

Wherever possible, specimens, models, slides, photomicrographs, photographs and diagrams must be examined. In order to assist their own practical work and to supply possible examination specimens, schools are asked to build up a reference collection of materials, e.g. bones of the rabbit, rat or guinea pig, teeth of herbivores and carnivores.



In the interest of public health and safety, fresh human tissue must not be used. Wild animals must not be brought into the laboratory or science room for observation or dissection. Safety precautions must be observed during practical work.

Teachers may use an integrated, co-ordinated, topic based approach or any other style of organisation and delivery. Emphasis on investigations and practical work is expected. Schools are encouraged to rearrange the topics to suit their own conditions.

SI units of measurement are to be used together with units in common scientific use.

Where it will facilitate learning, the drawing of diagrams should be encouraged.

Direction should be given in the correct taking of notes and writing up of experiments.

F. MATHEMATICAL REQUIREMENTS

Many topics in the syllabus provide opportunities for quantitative work, including appropriate calculations. The mathematical knowledge and skills which pupils may need in order to cope with the specified objectives and content are listed below. **Calculators may be used in all papers**.

Candidates will be expected to:

- recognise and use expressions in decimal form;
- add, subtract, multiply and divide numbers, including decimal numbers and common fractions.
- make approximations and estimates to obtain quick order-of-magnitude answers or to make simple mental checks of answers obtained by calculator;
- calculate and use averages, ratios, direct proportion and percentages;
- draw and interpret graphs, bar and pie charts;
- select appropriate axes and scales for plotting graphs;
- choose, by simple inspection, a set of points and then draw the best smooth curve through them;
- determine the intercept of a linear graph;
- read, interpret and draw simple inferences from tables and statistical diagrams;
- substitute numbers for letters or words in simple equation;
- measure triangles, rectangles, circles and cuboids;
- take account of variability of experimental measurements;



- manipulate and solve simple equations;
- demonstrate a qualitative understanding of inverse proportion;
- use a ruler graduated in millimetres and centimetres;
- use a protractor to measure angles;
- read graduated scales of various forms.

G. PRESENTATION OF CONTENT

The syllabus consists of twelve compulsory sections listed below.

- 1. Cells and cellular functions.
- 2. Nutrition in plants.
- 3. Nutrition in humans.
- Edukanner Gaseous exchange and respiration. 4.
- 5. Transport in plants.
- 6. Transport in mammals.
- 7. Skeletal system.
- 8. Homeostasis, coordination and response.
- 9. Reproduction.
- 10. Micro-organisms and disease.
- 11. Inheritance.
- 12. Ecosystems.

The learning objectives are presented in behavioural form.

The content column serves to limit the extent to which the learning objectives should be covered.

The notes and activities in the last column are in no way exhaustive. Teachers are encouraged to use their own additional examples to assist pupils in understanding concepts and acquiring skills.



Glossary of terms used in question papers in Science

The glossary is meant only as a guide; it is neither exhaustive nor definitive. The glossary has been kept brief in respect of the number of terms and their definitions. It should be borne in mind that the meaning of a term depends in part on its context.

- 1. Calculate is used when a numerical answer is required. Working should be shown.
- 2. Deduce means that the candidate is expected to draw logical and valid conclusions from given information. Such information may be all be given in the question or may depend on answers extracted in an earlier part of the question. Candidates are not expected to produce and answer by recall.
- 3. *Define* (the term(s)) means to state precisely the meaning of a term.
- 4. Describe is often used with reference either to particular phenomena or to particular experiments. When used with reference to particular phenomena the term usually implies that the description should include reference to (visual) observations associated with the phenomena. When used with reference to particular experiments the description usually follows a standard pattern, e.g. Apparatus, Method, Measurements, Results and Precautions.

In other contexts, describe and give an account of should be interpreted more generally, i.e. the candidate had greater discretion about the nature and the organisation of the material to be included in the answer.

- 5. Determine implies that the quantity concerned cannot be measured directly but is obtained by calculation, substituting measured or known values of other quantities into a standard formula, for instance density of an object may be calculated using $d = \frac{m}{V}$
- 6. Estimate implies an approximate calculation of the magnitude or quantity concerned.
- 7. Find means that the candidate is expected to calculate, measure or determine.
- 8. Find means to establish the quantity concerned using a suitable measuring instrument, e.g. length, using a ruler, or mass, using a balance.
- 9. *Measure* means to establish the quantity concerned using a suitable measuring instrument, e.g. length, using a ruler, or mass, using a balance.
- 10. Outline means to give the essential points.
- 11. Predict implies that the candidate is expected to state what is likely to happen by analysis given information. Such information may all be given in the question or may depend on answers extracted in an earlier part of the question. Candidates are not expected to produce an answer by recall.



- 12. Sketch, when applied to graph work, implies that the shape and/or position of the curve need only be qualitatively correct.
 In diagrams, sketch implies that the candidate is expected to make a simple, freehand drawing: nevertheless, care should be taken over proportions. Important details must be shown.
- 13. State means to give a concise answer with little or no supporting argument.
- 14. Suggest may imply that there is more than one possible answer or that candidates are expected to apply their general knowledge to a novel situation.
- 15. What do you understand by/What is meant by (the term(s)) implies that a definition should be given, as well as some relevant comment or explanation. The amount of detail expected is determined by the marks allocated.





BIOLOGY SYLLABUS

TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
1.0 CELLS AND CELLULAR FUN			
1.1 Cell structure and function	identify cells as basic units of living organisms;	Functional units and building blocks.	Slide preparations: leaf epidermis, e.g. onion; squash preparations: e.g. root tip, or blood.
	- identify cell parts;		Examination of cells from diagrams and photosynthesis.
	- compare plant and animal cells;	Basic plant and animal cell structure: Nucleus, cytoplasm, mitochondria, cell membrane, cell wall, chloroplast, permanent vacuole and starch grains.	
1.2 Cell specialisation	- identify specialised cells;	Palisade - photosynthesis Root hair - absorption	Observation of cells from fresh or preserved materials under microscope or bio-viewer.
	- relate cell structure to function;	Neurone - transmission of impulses Red cell - transport of oxygen Muscle cell - contraction	Examination of diagrams or photomicrographs.
1.3 Movement of molecules	- define diffusion;	Movement of particles in liquids and gases.	Diffusion is the movement of particles from a region or their higher concentration to a region of their lower concentration.
	investigate factors that affect the rate of diffusion;	Surface area/volume ratio and temperature.	Experiments on diffusion in gases, liquids and solids.
	- define osmosis;	Water movement across a partially permeable membrane.	Osmosis is the movement of water molecules from a region of their higher concentration through a partially permeable membrane.
	describe the effect of water gain/loss plant and animal cells;	Turgor, plasmolysis.	Experiments to demonstrate osmosis, turgor and plasmolysis. Use of visking tubing, eggshell membrane, plant tissue e.g. potato or onion skin and animal tissue e.g. ox blood. Water potential not required.
	- define active transport;	Movement of molecules and ions against concentration gradients.	Active transport requires energy to move molecules against concentration gradients.



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
1.4 Enzyme	- define enzymes;	Biological catalysts.	An enzymes is a chemical which acts as a biological catalyst, accelerating the rate of chemical change in an organism.
	- explain the function of enzymes;	Role in metabolic processes.	Experiments with analyse from germinating seedlings e.g. rupoko and catalase from fresh plant tissue.
		Protein nature and substrate specificity. Option conditions: pH and temperature.	Experiments to investigate properties of enzymes. Interpretation of data.
2.0 NUTRITION IN PLA	NTS	-	
2.1 Photosynthesis	- define photosynthesis;	Conversion of light energy to chemical energy stored in carbohydrates.	
	- state the word equation for photosynthesis;	Carbon dioxide + water \xrightarrow{light} $\xrightarrow{chlorophyll}$	Starch test on leaf.
		Carbon	
	- investigate conditions necessary for photosynthesis;	Chlorophyll, light and carbon dioxide.	Controlled experiments to show conditions necessary for photosynthesis.
	- investigate gaseous exchange in plants;	Carbon dioxide and oxygen.	Experiments to demonstrate gaseous exchange in plants using bicarbonate indicator solution.
	describe factors that affect the rate of photosynthesis;	Light intensity, carbon dioxide concentration and temperature.	Experiments to show effect of these factors.
	 identify parts of the internal structure of a dicotyledonous leaf; 	Palisade and spongy mesophyll, vascular bundles (xylem and phloem), cuticle, epidermis and stomats.	
	- describe how leaf structure is adapted for photosynthesis;	Surface area and cross-section of leaf (lamina and thinness), venation, presence of stomata, arrangement of cells and chloroplasts in palisade and spongy mesophyll.	



TOPIC	LEARNING OBJECTIVES	CONTENT Pupils should be able to:	NOTES AND ACTIVITIES
2.2 Mineral nutrition	describe the functions of nitrogen; phosphorus and potassium on plant growth;	Nitrogen (N) Phosphorus (P) Synthesis of ATP energy carrier). Potassium (K) In and osmotic balance. Respiration and photosynthesis.	No details of protein and ATP synthesis are required. N needed for good leaf growth, P needed for good root growth, K needed for flowering and fruiting.
	describe the effects of deficiencies of nitrogen, phosphorus and potassium.	Nitrogen Phosphorus - stunted froth and chlorosis stunted growth especially roots, sometimes purplish leaf colouring. Potassium - yellow and brown leaf margins, premature death (poor flowering and fruiting).	Culture experiments.
2.3 Productivity	- define biomass.	Biomass – organic content increase in biomass over time.	Experiments to measure biomass.
	- define productivity;	Light, mineral salts, temperature, availability of water, pests and disease.	Qualitative description only required.
	- identify types of plant pests and disease;	Tissue-eating and sap-sucking pests. Bacterial wilt, fungal rust.	Examination of pests and plant damage.
	explain how pests and disease affect productivity;	Reduced yields	
	- describe methods of controlling pests and disease;	Management, chemical and biological.	Cotton and tobacco for management control.
	- state the advantages and disadvantages of each method.		



TOPIC	LEARNING OBJECTIVES	CONTENT	NOTES AND ACTIVITIES
3.0 NUTRITION IN HU	MANS		
3.1 Nutrients	- state composition and properties of carbohydrates, proteins and fats;	Elements, sub-units, energy content, molecular size and solubility.	Tests for solubility of glucose, sucrose starch and cellulose.
	- compare energy content of nutrients;	Carbohydrates and fats.	Experiments on energy in food.
	- test food for presence of nutrients;	Starch, sucrose, reducing sugars, protein and fats.	lodine, Benefict's biuret and ethan- emulsion tests using foodstuffs.
	- list major sources of nutrients;	Food rich in: carbohydrates, fats, proteins, vitamins, minerals, fibre (roughage) and water.	Sources to include locally available artraditional foods.
	- list the major functions of the nutrients;	Metabolic processes.	Energy, development, growth, repa protection and storage.
	- state the effects of deficiencies of vitamins A and C, calcium, iodine and ion;	Vitamin A - respiratory tract infections, poor sight and blindness. Vitamin C - poor healing, bleeding under skin. Calcium - poor bone formation. Iodine - mental and physical retardation, goitre. Iron - anaemia.	Effects of deficiencies in children ar adults. Test for Vitamin C using DCP or suitable alternative e.g. potassiu (VII) manganate.
	- list sources of vitamins A and C, calcium, iodine and iron;	Sources.	Intake of foods rich in the missin nutrients to treat deficiency.



TOPIC	LEARNING OBJECTIVES Pupils should be able to	CONTENT	NOTES AND ACTIVITIES
3.2 Diet	- defined balanced diet,	Balanced diet.	A diet containing all essential nutrients in the right quantities and proportions for a healthy life.
	- explain the importance of a balanced diet.	Balance between food intake and energy expenditure, growth and health requirements.	
		Age, sex and activity: sedentary and manual workers, young child, pregnant woman.	Use simple tables of dietary requirements.
		Protein and energy deficiency: kwashiorkor, marasmus. Excess fat and salt – obesity and heart disease.	Malnutrition as under nourishment and over nourishment.
3.3 Alimentary canal	identify the main regions in the mammalian alimentary canal and associated organs.	Mouth, salivary glands, oesophagus, stomach, duodenum, pancreas, gall bladder, liver, ileum, caecum, appendix, colon, rectum, anus.	Mouth, salivary glands, oesophagus, stomach, duodenum, pancreas, gall bladder, liver, ileum, caecum, appendix, colon, rectum, anus.
	- state functions of parts of the alimentary canal;	Ingestion, digestion, absorption, assimilation and egestion.	
3.4 Mechanical digestion	- describe the structure of a tooth.	Crown, neck, root, enamel, dentine pulp cavity.	Functions of parts of a tooth .
	describe main functions and types of teeth.relate structure of tooth surface to diet.	Canines – cutting and tearing. Molars and premolars – chewing.	Examination of teeth.
	 describe mechanical breakdown and movement of food in the alimentary canal; 	Herbivorous and carnivorous teeth. Chewing and peristalisis.	
3.5 Care of teeth	- identify causes of dental decay.	Plaque containing bacteria.	Action of bacteria on sugary food producing acids. Experiments showing action of acid on tooth.
	- describe the proper care to teeth;	Diet, brushing of teeth and use of toothpaste or substitute, visits to dental workers.	Experiments on the action of toothpaste and the determination of pH of toothpaste. Use of salt and bicarbonate of soda as a substitute.



TOPICS	LEARNING OBJECTIVES Pupils should be able:	CONTENT	NOTES AND ACTIVITIES
3.6 Chemical digestion	- explain why most foods must be digested;	Molecule size and solubility.	Extracellular digestion. Reduction in molecule size and increase solubility.
	- describe the function of a typical amylase, protease and lipase;	Breakdown of starch, protein and fats.	Experiment with starch and amylase in visking tubing as a model gut. Specific names of enzymes <u>not</u> required.
	- state substrates and the end-product of their digestion by enzymes;		
	- explain the roles hydrochloric acid, rennin and bile;	Buffer, destruction of bacteria and hydrolysis. Clotting of milk . Emulsification of fats.	Experiments to demonstrate hydrolysing clotting of milk and emulsification of fats.
3.7 Absorption and assimilation	describe structural adaptations in the small intestines to acid absorption.	Features of small intestines: length, folding, villi, thin lining, rich blood supply.	
	- describe absorption of end products of digestion.	Diffusion and active transport.	Water soluble products enter blood capillaries; fatty acids and glycerol enter lacted.
	- identify the role of the large intestine;	Absorption of water and vitamin B, formation and expulsion of faeces.	Production of vitamin B by bacteria. Role of fibre in preventing constipation.
	- state the function of the hepatic portal vein;	Transportation of products of digestion to liver.	
	- outline the role of the liver in metabolism.	Glucose and amino acid metabolism, breakdown of alcohol and toxins, storage of fat, glycogen and vitamin A and D and the production of urea.	Liver as a storage and regulatory organ. Large molecules synthesized from small basic units: glycogen from simple sugar, proteins from amino acids and lipids from fatty acids and glycerol. Role of fat as a economic storage substance. Details of urea formation not required.



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
4.0 GASEOUS EXCHANGE AND RESP	RATION		
4.1 Gaseous exchange in mammals	identify parts of the respiratory system,state the functions of the parts of the respiratory system.	Nasal passages, larynx, trachea, bronchi, bronchioles, alveoli and capillaries.	Identification of parts from diagrams, photographs, models.
	- describe factors which increase the efficiency of gaseous exchange.	Large surface are. Thin membrane. Moist . Good blood supply. Ventilation.	
	- describe the mechanism of breathing.	Inhalation of exhalation.	The role of the diaphram, ribs and intercostals muscles. Use of models.
	- describe the structure and role of the alveoli;	Exchange of carbon dioxide and oxygen.	
	- state the difference between inhaled exhaled air;	Changes in percentage volume of carbon dioxide, oxygen and water vapour.	Experiments to show that exhaled air contains a higher proportion of carbon dioxide.
	- explain the effects of physical activity on breathing and blood circulation;	Depth and rate of breathing. Pulse rate.	Measurement of pulse rates and breathing rates before and after exercise. Trial volume, vital capacity etc <u>not</u> included.
	- describe some effects of smoking on respiratory system;	Short term effects – increased carbon dioxide content of inhaled air, irritation and damage to surfaces used for gaseous exchange. Long term effects – emphysema and lung cancer.	of cilia.



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
4.2 Aerobic respiration	- define aerobic respiration.	Release of energy in plentiful supply of oxygen.	The release of a relatively large amount of energy by the complete oxidation of food substance in the presence of oxygen.
	- state the sites of aerobic respiration in the cell.	Mitochondria.	
	- state of equation for aerobic respiration;	Glucose + oxygen → carbon dioxide + water + energy	Experiments to show release of heat and carbon dioxide and oxygen uptake.
	- list uses of energy in the body;	Metabolic processes: Muscle contractions, protein synthesis, growth, Cell division, active transport, transmission of impulses, maintenance of a constant body temperature (homeostasis), digestion and excretion.	
4.3 Anaerobic respiration	- define anaerobic respiration;	Release of energy in limited supply of oxygen.	The release of a relatively small amount of energy by the incomplete oxidation of food substances in the absence of oxygen.
	- state the site of anaerobic respiration.	Cytoplasm	Fermentation of sugar by yeast.
	- state the equations for anaerobic respiration in plants and in animals;	Plants: glucose → carbon dioxide + alcohol + energy. Animals: glucose → lactic acid + Energy.	
	describe the production and effect of lactic acid on muscles during exercise.	Fatigue; Oxygen debt, Role of liver.	Details of conservation of lactic acid not required.



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
5.0 TRANSPORT IN PLANTS			
5.1 Plant structure	- distinguish between monocotyledonous and dicotyledonous plants;	Seeds, leaves and stem and root systems.	External and internal features.
	 identify parts of the internal structure of a young dicotyledonous root and stem; 	Epidermis, cortex, vascular tissues (xylem and phloem) and root hairs.	Using diagrams and photomicrographs of transverse sections of a root and a stem to show distribution to tissues.
	- state functions of xylem.	Support and transport.	Use of dyes to identify vascular tissue.
5.2 Water and ion uptake	- explain functions of root hairs;	Diffusion, osmosis and active transport.	Relation of surface area of root hairs to water and ion uptake to be discussed.
5.3 Transpiration and translocation	- define transpiration;	Water loss: evaporation and diffusion.	Loss of water vapour from leaves and stem.
	- describe the functions of transpiration;	Water movement is xylem and cooling effect.	Transpiration stream, limited only to a continuous column of water.
	- investigate factors affecting the rate of transpiration;	Surface area and stomata. Temperature, wind, humidity and light intensity.	Experiments to investigate transpiration under various conditions using potometer, weighing and cobalt chloride paper.
	- describe adaptations of leaves to minimise water loss;	Reduction of surface area, thickness of cuticle, distribution of stomata and presence of hairs.	Experiments to investigate the distribution and role of stomata in water loss.
	- describe how wilting occurs;	Wilting.	Excessive loss of water during transpiration.
	- define translocation.	Movement of organic solutes in phloem.	Reference to bark ringing.



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
6.0 TRANSPORT IN MA	MMALS		
6.1 Circulatory system	- describe the circulatory system;	Heat, vessels and valves.	A system of tubes with a double pump and valves allowing a one-way flow of blood.
	- state functions of the circulator system;	Transport of materials and distribution of heat.	
	- name of parts of the heart;	Aorta, vena cava, hepatic portal vein, hepatic, pulmonary and renal veins and arteries.	
	- name of parts of the heart;	Atria, ventricles, valves and cardiac muscle.	Dissection of a four-chambered heart or examination of a model of a heart.
	- outline how the heart pumps blood;	Cardiac cycle. Valve function and movement of blood.	The heart as a double pump. Use of terms diastole and systole <u>not</u> required.
	- relate the structure of vessels of their function;	Arteries, veins, capillaries.	Examine photomicrographs of blood vessels to compare their walls.
	- relate pressure difference in the dual circulatory system to the functions of the two circuits;	Pulmonary and systemic.	Low pressure circulation to the heart, lungs and high pressure circulation to body tissues.
	- identify possible causes of high blood pressure;	Genetic predisposition, stress, diet.	
	- identify possible causes of coronary heart disease;	Diet, stress, smoking, obesity, high blood pressure.	Depositing of cholesterol aggravated by excess fat in diet, stress, smoking and high blood pressure.
	describe the effects of high blood pressure and coronary heart disease.	Stroke, heart attack and death.	Damage to artery lining by deposits of cholesterol causes ruptures or blood clots which obstruct blood flow to brain (stroke) or heart (coronary heart attack).



TOPIC	LEARNING OBJECTIVES	CONTENT	NOTES AND ACTIVITIES
6.2 Blood	- list components of mammalian blood;	Red blood cells – oxygen transport. White blood cells – phagocytic action and antibody production. Platelets – clotting. Plasma – transport of blood cells, ions digested food substances, harmones, carbon dioxide, urea, vitamins, fibrinogen and plasma proteins.	Identification of red and white blood cells from prepared slides, and photomicrographs. Observation of reed blood cells in tadpole or fish tails.
	- describe the movement of materials between capillaries and tissue fluid.	Diffusion and pressure filtration.	Brief mention of movement of white blood cells through capillary walls.
6.3 Immunity	- explain how the body protects itself against disease;	Skin, tears, mucus, clotting of blood, white blood cells: engulfing action, production of antibodies.	
	- describe events leading to active immunity;	Infection leading to antibody production. Vaccination.	Natural active immunity artificial active immunity.
	- describe events leading to pasisive immunity;	Transfer via placenta and breastmilk, serum injection.	Natural passive immunity in infants artificial passive immunity against e.g. snake bite and rabbies.
	- describe the effect of the human immunodeficiency virus (HIV) on the body;	Inability to resist infection.	HIV and immune system.
	- discuss the significance of immunization.	Extended programme of immunization.	Using immunization card.
7.0 SKELETAL SYSTEM			
7.1 Support and Movement	- identify the main bones of the fore and hind limb of a mammal;	Scapula, humerus, radius, ulna, pelvis, femur, tibia and fibula.	Specimen of bones to be examined.
	- describe types of joints;	Hinge joints; ball and socket joints.	
	- describe the types of movement permitted by joints;	One plane and all planes.	
	- describe the action of muscles at a hinge joint.	Antagonistic muscles: extensor and flexor muscles.	



TOPIC	LEARNING OBJECTIVES	CONTENT	NOTES AND ACTIVITIES
8.0 HOMEOSTASIS COOL	Pupils should be able to: RDINATION AND RESPONSE		
8.1 Homeostasis	- define homeostasis;	The maintenance of a constant internal environment.	Regulation of temperature – skin Water, pH and ion – kidney Glucose concentration – liver
	- identify and label parts of the skin;	Epidermis, dermis, adipose tissue, hairs, sweat gland, blood vessels, receptors.	
	- relate the function of parts of the skin to the maintenance of a constant body temperature;	Temperature sensitivity. Shivering, sweating, vaso-dilation and vaso-constriction.	
	- describe the coordination function of the brain in homeostasis;	The hypothalamus. Negative feedback.	Limited to temperature control.
8.2 Excretion	- define excretion;	Excretion.	The removal of toxic materials and waste products of metabolism.
	 list substances that must be excreted and organs involved; 	Kidney: urea, salt, water and toxins. Lungs: carbon dioxide and water. Skin: salts and water.	
	- describe the structure of the urinary system;	Kidney: pelvis, cortex, medulla, kidney tubules and ureters. Bladder and urethra.	Names of parts: Bawman's capsule, glomercules, tubule, loop.
	- state the function of the parts of the urinary system;	Osmoregulation, urea excretion, urine production and storage.	Ultrafiltration and selective reabsorption.
8.3 Nervous system	 describe the structure of a neurone and a nerve; 	Sensory, relay and motor neurone, nerve.	
	- describe a simple spinal reflex;	Spinal chord: white and grey matter, receptor, neurone, effectors.	Practical observation of reflex actions knee jerk, withdrawal reflex.
	- outline functions of the main parts of the brain;	Cerebrum, cerebellum, pituitary gland, hypothalamus, medulla.	
	- describe the kidney dialysis machine.	Kidney failure.	



TOPIC	LEARNING OBJECTIVES	CONTENT	NOTES AND ACTIVITIES
A A DEPOSITION	Pupils should be able to:		
9.0 REPRODUCTION 9.1 Sexual and asexual reproduction	- define and compare asexual and sexual reproduction;	Binary and multiple fusion. Nuclear fusion and genetic variation.	Asexual reproduction as the process resulting in the production of genetically identical offspring form one parent. Sexual reproduction as the process involving the fusion of nuclei to form a zygote and the production of genetically different offspring.
9.2 Sexual reproduction in plants	describe the structure and characteristics of wind- and insect-pollinated flowers; distinguish between self-and cross-pollination;	Adaptation of flower parts to mode of pollination. Pollen transfer.	Comparison of fresh specimens of insect-pollinated and wind-pollinated flowers.
	- outline the process of fertilisation.	Development of pollen tube. Fusion of male and female nuclei.	Practical examination of growing pollen tubes. No knowledge of double fertilisation and endosperm formation required.
	- describe the changes that occur after fertilisation.	Formation of seeds and fruits. Wind, animal and mechanical dispersal.	Examination of a variety of seeds and fruits.
9.3 Vegetation reproduction	describe vegetative reproduction in plants; state advantages and disadvantages of vegetative production;	Rhizomes, tube, sucker and cutting. Resistance to disease, genetic variation, survival of offspring and rate of propagation.	Grass, Irish potato, banana, sugar cane or sweet potato stem.
9.4 Fruit and seed structure	- describe the basic structure of a fruit. - describe the basic structure if a seed.	Fruit wall, seed, locule scars and remains of style and sepals. Embryo of radicle, plumule and	Examination of a legume and a berry. Examination of seeds, bean and maize
	 describe the basic structure if a seed. describe adaptation for fruit and seed dispersal. describe the conditions necessary for germination. 	cotyledon, endosperm, testa, scar. Wind, animal and mechanical dispersal. Oxygen, suitable temperature, water.	grain. Examination of a variety of fruit and seeds. Controlled experiments on conditions for germination.



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
8.4 The Eye	- describe the gross structure of the eye;	Front view and horizontal section.	Observing own eye using mirror.
	- describe the functions of parts of the eye;	Cornea, lens, scela, aqueous and vitreous humours, iris, pupil, ciliary muscles, choriod, retina, optic nerve.	Mechanism of photoreception not required.
	- describe how the eye focuses images on the retina.	Retraction, image formation, accommodation.	
	- describe eye defects and their correction.	Short and long sightedness.	Blind spot demonstration. Corrective lenses.
8.5 Endocrine system	- define hormone;	Hormones.	A chemical substance produced by a gland and carried by blood, which affects the activities of a target organ.
	- describe action of a hormone;	Production, transport and effect.	
	- describe the effects of adrenaline;	Adrenal gland. Flight or fight responses.	
	- outline the role of insulin in homeostasis;	Regulation of blood glucose level. Feedback mechanism. Diabetes mellitus.	Signs of diabetes: frequent urination, tiredness, thirst. Increased blood glucose level and glucose urine.
8.6 Drug use and abuse	- define drug:	Effect on body.	Any administered substance which modifies or affects chemical reactions in the body.
	- describe medical uses of drugs;	Antibiotic – penicillin. Analgesics – aspirin and paracetamol. Anti-malaria – chloroquine and paludrine.	Discuss the importance of proper administration and use of medicinal drugs. Allergic reactions to drugs in some individuals.
	describe the effects of abuse of alcohol cannabis and solvents.	Physical, mental and social ill-effects.	Social effects of smoking.



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
9.5 Reproduction in human being	describe the structure and function of the human reproductive system;	Male: testes, scrotum, penis, prostate gland, seminal vesicles, epididymis and sperm duct. Female: ovary, oviduct, uterus, cervix and vagina.	No detail of the internal structure of the testes or ovaries required.
	- compare male and female gametes;	Size, mobility and numbers produced.	
	- describe the human menstrual cycle;	Changes in uterus linning and ovulation. Fertile and infertile phases of cycle.	Role of oestrogen (oestradiol) and progesterone.
	- describe fertilisation;	Pathway of sperm from testes to ovum. Fusion of gametes.	
	- explain causes of infertility;	Hormonal, sperm quantity and quality, physical, STD's, cancers.	Cancers: cervical, prostate gland.
	- describe the early development of a zygote;	Cell division and multiplication. Implantation. Growth and development.	Limited to the function of a ball of cells which becomes implanted in uterine wall. Early development – organ formation. Later development – mass increase.
	- describe how the embryo is maintained and protected by the placenta;	The placenta and umbilical cord: exchange of nutrients, gases and excretory products. Separation of foetal from material blood.	Dangers of taking drugs, smoking and drinking alcohol during pregnancy should be discussed. Reference to passage of antibodies, toxins and certain viruses including HIV should be made.
	- describe how the embryo is protected in the uterus;	Amnion and amniotic fluid.	Stock absorber, temperature fluctuation;
	- outline various methods of contraception;	Abstinence and natural methods. Chemical: spermicides. Barriers: condom and diaphragm. Intra-uterine devices (IUD's). Hormonal: injection and pills.	The reliability, limitations and appropriateness of methods should be discussed.
	- explain factors affecting rate of human population growth.	Availability of resources, disease, birth control.	



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
9.6 Sexually transmitted infections	- describe symptoms and effects of sexually transmitted infections.	Chancroid, gonorrhoea, syphilis and human immunodeficiency virus. Effects on health and fertility.	Note that one symptom alone is not necessarily indicative of a particular disease. Discuss the incurability of AIDS and the
	discuss the spread of sexually transmitted diseases and the human immunodeficiency virus (HIV) and methods by which it may be controlled.	Mutually faithful, long term relationships, Abstinence and the use of condoms. Contact tracing. Treatment with antibiotics for STI's.	social implications.
10.0 MIICRO-ORGANISMS AND DIS	EASE		
10.1 Viruses, bacteria and fungi	- list main characteristics of viruses, bacteria and fungi;	Size, structure, reproduction, mode of nutrition.	Observation of mould using hand lens and/or microscope.
	- describe the roles played by bacteria and fungi;	Pathogenic and saprophytic roles.	Reference to the recycling of the nutrients carbon and nitrogen.
10.2 Cholera	- identify the causative agent for cholera;	Bacterium.	Comma-shaped bacterium.
	- state method of transmission;	Water and food borne bacteria: faecal contamination and vectors.	
	- describe treatment of cholera;	Diarrhoea, vomiting, fever, muscular cramps.	
		Oral Rehydration Therapy.	Preparation of salt and sugar solution. Antibiotic treatment necessary. Medical advice should be sought.
		Personal and food hygiene. Settlement planning: water and sanitation, Immunisation and notification.	Reference to overcrowding as a major problem in public health and the outbreak and spread of epidermis.



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
10. Malaria	- outline the life cycle of the anopheles mosquito;	Eggs, larvae, pupae and adults.	Practical examination of specimens.
	- identify the causative agent for malaria;	Plasmodium.	
	- describe symptoms of malaria;	Fever, loss of appetite, headaches, aching joints.	
	- state treatment and preventive measures for malaria;	Prevention: (prophylaxis). Treatment: Chloroquine. Avoidance of mosquito bites.	Norol/Malaquine. Deltaprim/.Malasone, Paludrine. A discussion of chlroquine resistance. Need to complete the dosage must be stressed. Use of drugs according to up to date recommendation by health workers. Use of mosquito nets, repellents and insecticides.
	- describe methods of control by breaking the cycle of anopheles mosquito.	Physical, chemical and biological methods.	
11.0 INHERITANCE		*	
11.1 Variation	- identify variable features in plants and animals;	Variation.	Observation of variation in height, weight, leaf size, tongue-rolling, left – and right-handedness.
	 distinguish between continuous and discontinuous distribution of characteristics; 	Continuous and discontinuous variation.	Line and bar graphs.
	- draw graphs to show continuous distribution of characteristics.		
	- identify causes of variation;	Genetic and environmental causes.	Difficulties in determining actual causes of variation must be recognised.



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
11.2 Chromosomes and genes	- describe chromosomes;	Site of genetic information.	Structures in nucleus that carry genes.
	- describe the behaviour of chromosomes in mitosis and meiosis;	Mitosis: parent and daughter cells Identical. Meiosis: separation of homologous chromosomes.	Halving the number of chromosomes. Source of variation. (No stage of mitosis and meosis) A basic structural unit of inheritance.
	- define gene;	Genes	
	- distinguish between the terms gene and allele;	Gene pairs.	An allele as the alternative form of the same gene.
11.3 Monohybrid inheritance	- describe complete dominance;	Dominant and recessive alleles. Phenotypes and types.	
	- predict possible outcomes of monohybrid crosses;	Gametes, F ₁ and F ₂ generations.	Genetic diagrams/pannetsquare. Use of coloured beads or beans picked at random to demonstrate monohybrid inheritance.
	- explain codominance;	Inheritance of ABO blood group-Phenotype A, B, AB, O: Gene alleles I ^A I ^B and I°.	
	- explain how sex is determined in mammals;	Sex chromosomes X and Y.	
	- describe mutation;	Sickle cell anaemia. Down's syndrome. Albinism.	A change in the structure of a gene or chromosomes or in chromosome number.
11.4 Selection and evolution	- explain how selection occurs in natural communities;	Variation, competition, selective survival and reproduction.	Struggle for existence and survival of the fittest.
	- define evolution;	Evolution.	
	- discuss natural selection as a possible mechanism for evolution;	Natural selection.	
	- describe applications of artificial selection;	Plant and animal breeding.	
	- give reasons for plant and animal breeding.	Productivity, quality of breed, resistance to drought and disease.	



TOPIC	LEARNING OBJECTIVES	CONTENT	NOTES AND ACTIVITIES
	Pupils should be able:		
12.0 ECOSYSTEMS			
12.1 Ecosystem	- define ecosystem;	Organisms and their environment.	A self-contained system of interdependent organisms and their physical environment. Reference to be made to energy flow.
	- list components of an ecosystem;	Physical and biological components – air, water, soil, light and living organisms.	Examine an ecosystem, for example pond, forest, field.
	- identify soil as a key component of ecosystems;	Role of soil.	Construction of tables to compare water retention and drainage of clay and sandy soils.
	- compare properties of clay, loam and sandy soils;	Size of particles. Air content. Water holding capacity. Drainage. Leaching. Acidity/alkalinity (pH).	Experiments to show techniques of measuring air, water, organic content, pH of a social sample.
	- identify biological components of soil;	Litter, earthworms, nematodes, termites, fungi, bacteria and humus.	Extraction of organisms from soil. Use of keys <u>not</u> required.
	- state the role of the biological components;	Crumb structure, aeration, fertility and pH.	Experiments to show presence of microorganisms in the soil by carbon dioxide production.



TOPIC	LEARNING OBJECTIVES Pupils should be able to:	CONTENT	NOTES AND ACTIVITIES
12.2 Natural ecosystems	- construct simple food chains;	Tropic levels:- Producers, consumers and decomposers.	Examples to illustrate concepts to be taken from local ecosystems.
	- interpret food webs;	Inter-relationships between food chains.	Energy input and energy flow.
	- explain the loss of energy in food chains;	Respiration and heat loss.	
	- interpret pyramids;	Pyramids of numbers and biomass.	Scientific names of bacteria not required.
	- describe nutrient cycles;	The carbon cycle. The nitrogen cycle.	
	- explain the importance of nutrients recycling;		
12.3 Artificial ecosystems	- describe an artificial ecosystem.	Human-influenced, limited species diversity.	Study of cultivated piece of land (garden or field).
	- compare species (bio-) diversity in natural artificial ecosystems;		
	- state problems caused by limited species (bio diversity;	Soil fertility; pest problems.	
12.4 Management of ecosystems	describe effect of ground cover on run off, erosion and evaporation;	Topsoil preservation. Water retention by soil. Role of mulching as artificial cover.	Effects of soil cover in field and controlled experiments.
	- describe the harmful effects of human activities on ecosystems;	Agricultural, industrial and social activities resulting in: soil erosion, pollution, desertification and reduction in bio-diversity.	Effects of pollution to include acid rain, global warming.



TOPIC	LEARNING OBJECTIVES	CONTENT	NOTES AND ACTIVITIES
	Pupils should be able to:		
12.5 Population Dynamics	- define population,	Numbers of organisms.	The number of organisms of the same species, living in an area at the same time.
	- describe factors affecting population change.	Birth, death, mortality, growth rates and migration.	
	- describe factors that limit population size;	Competition for space and resources, predation, disease (pathogens and parasites).	
	- explain the concept of carrying capacity.	Limiting factors: water, food, oxygen, space and shelter.	Carrying capacity defined as the maximum number of organisms an area can support without deterioration.
	- describe the effects of exceeding the carrying capacity (overstocking);	Degradation of ecosystem; overgrazing, deterioration of veld, disease and pollution.	

